

The times they’re for a-changin’

As far back as “Queen for a Day” and perhaps further, television shows have sought to improve the lot of ordinary people. Below are some makeover shows of current vintage; in two cases, The Learning Channel has updated successful British shows that now appear on BBC America.

SHOW	NETWORK	WHAT CHANGES	WHO CHANGES IT	COMMENT
Becoming	MTV	A music fan's appearance	Makeup, fashion consultants	The fan, as his/her favorite singer, re-creates the star's classic video.
Buff Brides	Discovery Health	Two brides	Personal trainer	Each bride undertakes a 16-week course of physical and nutritional training. Premieres Oct. 6.
Date Patrol	TLC	A sad-sack dater	Coaches in style and verbal and non-verbal communication	A month to turn an unsuccessful dater into a hot property. Premieres Sept. 20.
Extreme Makeover	ABC	Willing participants	Team of plastic surgeon, eye surgeon, cosmetic dentist, hair and makeup artists, stylists, and personal trainers	Viewers watch people with imperfections go under the knife and emerge happy ever after.
Facing Fame	E!	A fan's appearance	Makeup, fashion consultants	The fan, as his/her favorite, visits Hollywood haunts to experience life as the star.
Faking It	BBC America	A “faker” learning a new job or lifestyle	Three mentors	After four weeks, fakers try to convince a panel they are what they tried to become.
Faking It	TLC	A “faker” learning a new job or lifestyle	Two mentors, other aides	After four weeks, fakers try to convince a panel they are what they tried to become.
A Makeover Story	TLC	Two friends, family members, or spouses	Various stylists	Viewers tag along as pair gets made over for a big event.
A Second Look	Style	Homeless, addicted, or otherwise troubled person	Advisers of all sort	The help goes far beyond wardrobe and cosmetics to legal, medical, job, and family-relations aid.
Style Court	Style	A fashion “defendant”	Judge, three-celebrity jury	Sentence is a makeover. Premieres Aug. 4.
Switched	ABC Family	Two teenagers	Show producers	Teens unknown to each other swap places for a few days.
What Not to Wear	BBC America	A fashion victim	Two dishing fashion journalists	The deal: \$3,000 for new clothes in exchange for sharp-edged critiques.
What Not to Wear	TLC	A fashion victim	Host, various stylists	The deal: \$5,000 for new clothes in exchange for sharp-edged critiques.



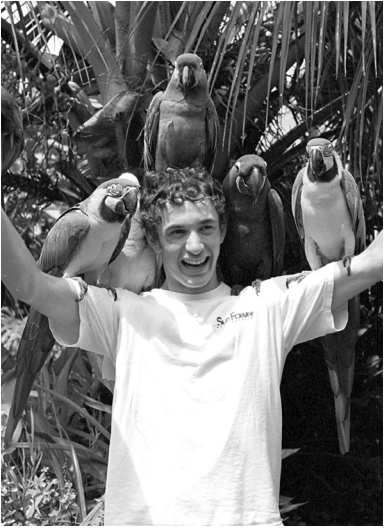
ABC’s “Extreme Makeover” gives participants a wide range of surgical and cosmetic help to see what will result. At left (before) and right is Karen, 44, an ermergency-room nurse from Arkansas.



SOURCES: ABC, ABC Family, The Learning Channel, Discovery Health, BBC America, Style



Andy Morter, an off-road enthusiast from Wisconsin, was the star of “From Drag Racer to Drag Queen,” an episode of the American version of “Faking It,” which appears on the Learning Channel.



Matt Sereni of Los Altos, Calif., spent a few days with the birds in Pukalani, Hawaii, as a participant on “Switched,” the ABC Family show in which teenagers who don’t know each other swap places.

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